ONE2ONE MEDICINE

Pre-Clinical Masterclass

The following 12 Core Subjects are covered:

Cells and Genetics

- Cells: organelles, cell junctions and key cell-signalling pathways.
- **Metabolism**: glycolysis, anaerobic respiration, fat metabolism, Krebs cycle, and ATP generation.
- Cell cycle: principles and key regulation points.
- **Genetics**: oncogenes, tumour suppressor genes, structure and replication of DNA, protein synthesis, mitosis, and meiosis.

The following notes are found as additional material in the 'Cells & genetics' handout. And is covered as 'Cancer biology' lecture

- Tumour biology: definitions, features of malignancy, and angiogenesis.
- Metastasis: sequence and common examples.
- **Oncogenes**: principles, major pathways and viral-induced malignancy.
- Tumour suppressor genes: principles and major pathways.
- **Treatment**: principles of chemotherapy, hormone therapy, and radiotherapy.

Pharmacology

- Receptors and signalling: types of receptor-drug interactions and G-proteins.
- **Pharmcokinetics**: absorption, volume of distribution, elimination, and CYP450 system.
- **Dose-response relationships**: agonist/antagonist/response graphs.

Neuromuscular System

- Anatomy: spinal cord, upper limb, lower limb, neck and abdominal wall.
- **Neurones**: microanatomy, membrane potentials, action potentials, synapses and local anaesthetics.
- **Reflexes**: monosynaptic and polysynaptic.
- **Autonomic nervous system**: anatomy and physiology of sympathetic and parasympathetic systems.
- **Muscle fibres**: ultrastructure, neuromuscular junction, excitation-contraction coupling, and sliding filament hypothesis.
- Bones: structure, physiology of bone turnover, and classification.

Respiratory System

- Anatomy: chest wall, lungs and surface anatomy, microanatomy of the airways, upper airways and larynx.
- Gases & ventilation: principles of gas movement and ventilation, compliance, role of surfactant, resistance, flow limitation, and COPD.
- Gas exchange and transport: alveolar gases, haemoglobin, oxygen transport, and CO₂ transport.
- Respiratory failure: ventilation-perfusion mismatch and causes of respiratory failure.
- Control of respiration: chemoreceptors and central processing.

Endocrine System

- Pituitary: anatomy, hormones produced, and hypothalamic control.
- **Thyroid**: anatomy, thyroid hormone synthesis, actions, hyper-/hypo-thyroidism, and goitre.
- Parathyroid: anatomy, feedback, and calcium regulation.
- Adrenals: anatomy, control, steroid hormone synthesis, and actions.
- Endocrine pancreas & diabetes: microanatomy, hormone control, insulin release, and overview of diabetes.

Digestive System

- Enteric nervous system: overview, smooth muscle, and control of the ENS.
- Salivary glands: anatomy and secretion mechanism.
- Abdominal anatomy: boundaries, peritoneum, omenta, and sacs.
- Stomach: anatomy, acid secretion and control.
- Small bowel: anatomy, absorption of macronutrients, iron, and vitamin B₁₂.
- Pancreas: anatomy, secretions and pancreatitis.
- Large bowel: anatomy, functions and daefecation.
- Liver: anatomy, microanatomy, functions, bile acids, and bilirubin metabolism.
- Emesis: physiology and pharmacology.

Central Nervous System

- **Anatomy**: skull and meninges, ventricles, arterial & venous systems, key neural structures, and cranial nerves.
- Sensory pathways: spinothalamic, dorsal columns, pain, sight, and hearing.
- Motor pathways: corticospinal, cerebellum, basal ganglia, and Parkinson disease.
- Higher functions: speech and consciousness.

Cardiovascular

- Anatomy: surface anatomy, mediastinum, cardiac structure, and coronary anatomy.
- Myocytes: ultrastructure, membrane physiology, and control of heart rate.

- Cardiac cycle: Frank-Starling law and heart failure.
- Blood pressure: vessel haemodynamics, baroreflex, arterioles, and anti-hypertensives.
- **Coronary circulation**: flow dynamics and metabolic hyperaemia.
- Capillaries: structure, Starling's forces, and lymphatic system.

Renal System

- Anatomy: kidney, ureters, bladder, and prostate.
- **Filtration**: glomeruli, ultrafiltration, and regulation.
- Renin-angiotensin-aldosterone system: principles and acute kidney injury (renal failure).
- Volume regulation: Loop of Henle, osmoregulation, and diuretics.
- **Re-absorption**: sodium, potassium, urea, bicarbonate, and acid-base.

Immunology

- **Bacteria**: prokaryotes and acute phase response (complement, macrophages, neutrophils).
- Lymphocytes: selection, antigen presentation, HLA, spleen, antibodies, and interaction with macrophages.
- Viruses: structure and viral response.
- Haemostasis: clotting, fibrinolysis, platelets and anticoagulants.

Reproductive system

- Anatomy: male reproductive system, female reproductive system, and inguinal canal.
- Female: oogenesis, menstrual cycle, and folliculogenesis.
- Male: HPG axis and spermatogenesis.
- Fertilisation & early embryology: fertilisation, blastocyst development, gastrulation, and the three germ layers.
- **Placenta**: structure and function.
- Labour: overview and regulation.
- Foetal physiology: foetal cardiovascular system and changes at birth.

Cancer Biology

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- **Treatment**: principles of chemotherapy, hormone therapy, and radiotherapy.