#### Case presentation

A 37-year old female lawyer presents to A&E with acute abdominal pain.





### Case history

She has been unwell with a 'flu-like illness for a few days before the pain started. The pain is generalised but predominantly central and has gradually worsened over the last 24-hours.



### Case history

- PMHx: hypothyroidism, no surgery
- FHx: nil
- Drugs: levothyroxine, NKDA
- Social: independent, lives with family



## Differential diagnosis of abdominal pain

# What examination findings would help?





#### Case examination

- Lying in bed, moving with pain, pale, thin
- HR 126/min, RR 32/min, BP 98/55mmHg
- Abdomen generalised tenderness, not peritonitic, not distended, normal bowel sounds

#### A 37-year old female lawyer presents to A&E with

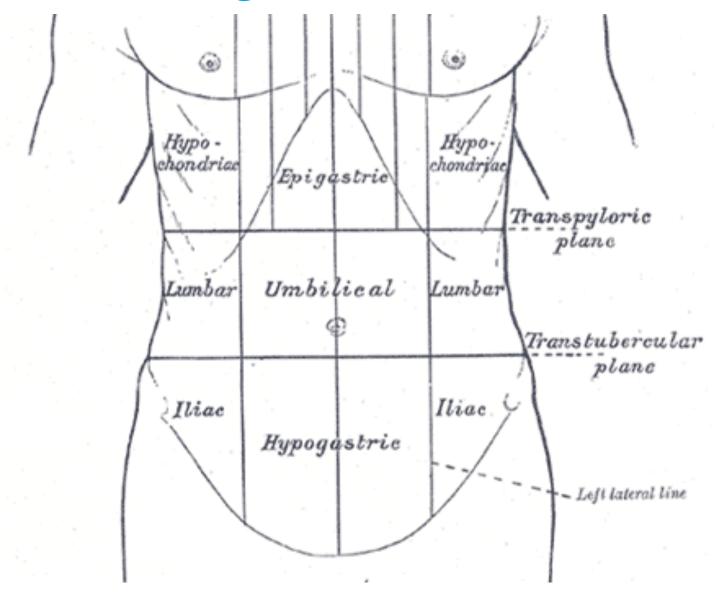
#### acute abdominal pain.

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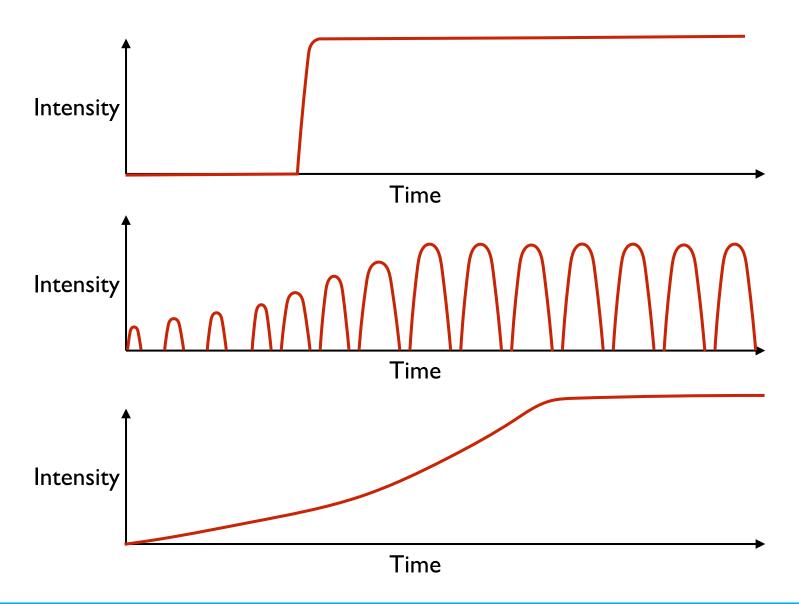


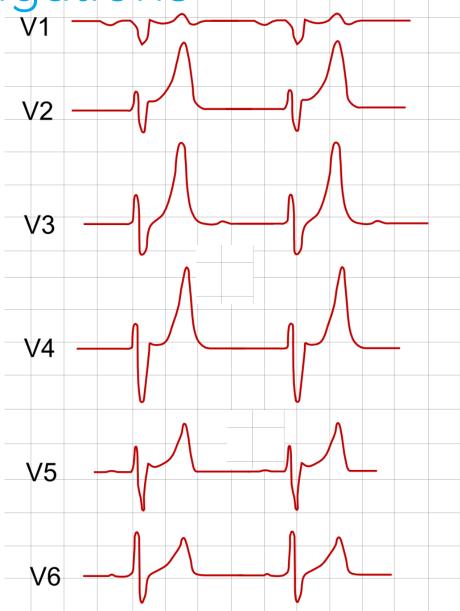


### Differential diagnosis



## Differential diagnosis





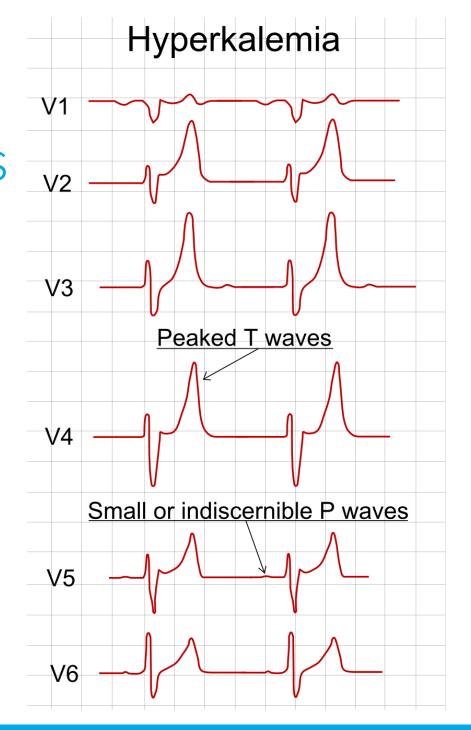




#### Arterial blood gas

(In air)

,	Result	Range
рН	7.27	7.35 - 7.45
CO <sub>2</sub>	3.2	4.8 - 6.1 kPa
<b>O</b> <sub>2</sub>	16.1	10.6 - 13.3 kPa
Hb	104	115 - 177 g/L
Na+	128	135 - 146 mmol/L
<b>K</b> +	6.8	3.5 - 5.5 mmol/L
Gluc	3.4	4.5 - 5.6 mmol/L
Lact	2.6	0.6 - 2.4 mmol/L
HCO₃-	11.0	22 - 26 mmol/L
BE	-8	±2





	Result	Range
Hb	103	115 - 160 g/L
MCV	105	80 - 96 fL
WCC	6.1	4.0 - 11.0 cells x10 <sup>9</sup> /L
Neut	1.9	2.0 - 7.5 cells x10 <sup>9</sup> /L
Platelets	378	150 - 400 cells x10 <sup>9</sup> /L
Na+	128	135 - 146 mmol/L
K+	6.9	3.5 - 5.5 mmol/L
Urea	22.2	2.5 - 6.7 mmol/L
Creat	172	79 - 118 μmol/L
ALT	36	3 - 40 IU/L
ALP	112	39 - 117 IU/L
Bili	15	1 - 17 μmol/L
Amylase	63	23 - 85 IU/L
CRP	21	<5 mg/L

**Urinary β-HCG**: negative



	Result	Range
Glucose	3.3	4.5 - 5.6 mmol/L
TSH	3.8	0.2 - 4.5 mU/L

#### Problem list

- 1. Abdominal pain
- 2. Shock
- 3. Hypoglycaemia

#### 4. Hyperkalaemia

- 5. Acute renal failure
- 6. Anaemia

